Whakaaokapua (Waiata Tira)

nā Ben Ngaia

(Tune: Bridge over troubled waters)

Whakaaokapua taku aro
Kāpui ai te huinga o te kahurangi
Tōia mai te aiō nō runga
(Chorus)
Hei tupunga wairua
Hei tupunga mō te tinana
Kia puawai

Horahia e Rongo, te paki o te rā Hei whāriki mō ōku moemoeā Kia toi te kupu, kia toi te mana e

(Chorus) Hei tupunga wairua Hei tupunga mō te tinana Kia puawai

Hei tupunga mō te tinana Kia puawai Auē Hei auē I turn towards the clouds
Which bind us to the resting place of the honoured ones
Drawing forth the serenity from above

(Chorus)
As sustenance both spiritually
And physically
In order to flourish

May peace spread before us like the gleam of a new day As a platform for my aspirations Holding firm to my inherent values and principles

(Chorus)

As sustenance both spiritually And physically In order to flourish

Physical sustenance
That shall flourish

Alas

Yes indeed